

Amaranth Tabouli

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INGREDIENTS:

1 pt amaranth seeds
3 pt seasoned water
3 pt parsley, chopped
3 pt amaranth leaves, chopped
1 pt green onion, sliced
1 cup pomegranate seeds
2 serrano chilis, minced
1 pt mint leaves
6 limequats, small diced
1 cup pistachio
extra virgin olive oil
fresh lemon juice
fresh pepper

METHOD:

Add all ingredients in a bowl and mix.

Drizzle with extra virgin olive oil and lemon juice. Season with fresh pepper to taste.

