# **Hokkaido Pumpkin Bar**

# Ralf Schlegel

@plume\_dc

# **Pumpkin Bar**

#### **INGREDIENTS:**

1 kg Hokkaido pumpkin

puree

100 g grape seed oil

3 eggs

8 g agar agar

#### METHOD:

Blend all of the ingredients into a

Thermo Mixer at 100C at 5 speed

for 10 minutes.

Fill into a silicone bar mold and cool

down. When cooled, cut into Salt, pepper, nutmeg to taste portions and reheat at 80C.

# **Whipped Goat Cheese**

#### **INGREDIENTS:**

100 g goat cheese

50 g goat milk

8 g salt

5 g espelette pepper

# **Black Garlic**

#### **INGREDIENTS:**

50 g black garlic

30 g vegetable stock

#### **METHOD:**

Combine all items together and put

in a piping bag.

#### **METHOD:**

Combine until it reaches the consistence of purée - fill into a piping bag.

# **Pumpkin Seed Butter**

### **INGREDIENTS:**

160 g pumpkin peeds

140 g half & half

20 a butter

Salt to taste

#### **METHOD:**

Blend all of the ingredients into a

Thermo Mix at 70C at 10 speed for

10 minutes

Freeze in a high speed blender.

When the butter is frozen, spin it 2x

and fill into a piping bag.

# **Cucumber Ketchup**

#### **INGREDIENTS:**

300 g cucumber juice

10 g star anise vinegar

10 g yuzu, salt to taste

1 a xanthan

#### **METHOD:**

Blend in a stand mixer or

blender until the consistency is

similar to ketchup.

#### To Assemble:

Heat the pumpkin bar to 80C in the oven, place on a plate, pipe dots of the goat cheese, black garlic and pumpkin seed butter on top.

Sprinkle puffed amaranth on top and garnish with the sweet potato leaf.

Spread the cucumber sauce around the pumpkin bar on the plate.

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